



Measurements

To Fit Chest	cm	80	90	100	110	120
Finished Chest Size	cm	98	108	118	128	138
Body Length	cm	60	61	62	63	64
Sleeve Length	cm	46	46	46	46	46
Bendigo Woollen Mills Yarn Requirements x 50g Balls						
10 Ply Solstice	MC	8	9	10	11	12
	CC	4	4	4	5	5

Yarn quantities can vary between knitters and are therefore approximate requirements. Use only Bendigo yarns as specified.

ACCESSORIES

1 pair each 3.75mm & 4.50mm knitting needles and 3.75mm & 4.50mm long circular needles, or size needles to give correct tension.

TENSION

20 sts and 28 rows to 10cm over stocking stitch using 4.50mm needles. It is essential to check your tension before commencing this garment, therefore work a tension square. If there are more stitches to 10cm use larger needles. If there are less stitches to 10cm use smaller needles.

ABBREVIATIONS

alt = alternate, **beg** = begin/ning, **cont** = continue, **dec** = decrease/ing, **fol** = follow/ing, **inc** = increase/ing, **K** = knit, **M1** = make one stitch - pick up the loop between the stitches and knit into the back of the loop, **P** = purl, **patt** = pattern, **psso** = pass slipped stitch over, **rem** = remain/ing, **rep** = repeat, **sl** = slip, **st/s** = stitch/es, **st st** = stocking stitch, **tog** = together.

BACK OF SLEEVES AND BACK

(worked sideways, beg at right cuff)

Using 3.75mm needles and **CC**, cast on **22** (22, **22**, 26, **26**) sts.

1st Row: K2, *P2, K2, rep from * to end.

2nd Row: P2, *K2, P2, rep from * to end.

Rep last 2 rows 9 times for a total of 20 rows rib for cuff.

Change to 4.50mm needles and **MC** and work 6 rows st st.

Begin Sleeve Shaping

1st Row: Knit to last 2 sts, M1, K2.

23 (23, **23**, 27, **27**) sts.

Cont in st st, inc 1 st (as before) at end of every foll **6th** (4th, **4th**, 4th, **4th**) row until there are **25** (39, **36**, 40, **36**) sts, then in every foll **4th** (2nd, **2nd**, 2nd, **2nd**) row until there are **41** (45, **48**, 52, **56**) sts.

Purl 1 row.

Increase For Back

NOTE: Change to 4.50mm circular needle when stitches no longer fit comfortably on pair of needles and continue working in rows.

Next Row: Knit to last 2 sts, M1, K2, turn, cast on **54** (55, **54**, 56, **54**) sts. **96** (101, **103**, 109, **111**) sts.

NOTE: Slip all sts purlways with yarn on wrong side of work.

Shape Shoulder

Next Row: Sl 1, (P1, K1) twice, purl to end.

Next Row: K2, M1, knit to last 5 sts, P1, K1, P1, K2.

97 (103, **104**, 110, **112**) sts.

Last 2 rows form the stitch patt for edge. Keeping edge patt correct, inc 1 st (as before) at Shoulder edge in every foll **4th** (6th, **6th**, 12th, **12th**) row until there are **109** (109, **113**, 113, **117**) sts, then in every foll **2nd** (4th, **4th**, 10th, **10th**) row until there are **110** (112, **114**, 116, **118**) sts.**

Keeping edge patt correct, work **43** (47, **51**, 51, **55**) rows st st without shaping.

Shape Shoulder

NOTE: Change to pair of 4.50mm needles when desired.

*****Next Row:** K2, K2tog, knit to last 5 sts, P1, K1, P1, K2.

109 (111, **113**, 115, **117**) sts.

Keeping edge patt correct, dec 1 st (as

before) at Shoulder edge in every foll

2nd (4th, **4th**, 10th, **10th**) row until **108** (108, **112**, 112, **116**) sts rem, then in every foll **4th** (6th, **6th**, 12th, **12th**) row until **96** (101, **103**, 109, **111**) sts rem.

Work 2 rows st st.

Begin Sleeve Shaping

1st Row: Cast off **54** (55, **54**, 56, **54**) sts, purl to end.

42 (46, **49**, 53, **57**) sts.

2nd Row: Knit.

3rd Row: P2, P2tog, purl to end.

4th Row: Knit to last 4 sts, K2tog, K2. **40** (44, **47**, 51, **55**) sts.

Cont in st st, dec 1 st (as before) at end of every foll **4th** (2nd, **2nd**, 2nd, **2nd**) row until **24** (38, **35**, 39, **35**) sts rem, then in every foll **6th** (4th, **4th**, 4th, **4th**) row until **22** (22, **22**, 26, **26**) sts rem.

Work 4 rows st st.

Change to 3.75mm needles and **CC**.

Knit 1 row (right side).

Work 19 rows rib as for first cuff.

Cast off loosely in rib.

LEFT SLEEVE AND FRONT

Work as for Back of Sleeves and Back to **.

Work 1 row.

Begin Collar

Change to 3.75mm needles and **CC**.

Next Row: (right side of Front, wrong side of Collar) Cast on **25** (27, **25**, 27, **25**) sts, knit to last 3 sts, P3.

135 (139, **139**, 143, **143**) sts.

Next Row: K3, *P2, K2, rep from * to end.

Work a further 48 rows rib.

Work 4 rows st st, beg with a knit row.

Cast off loosely knitways.

RIGHT FRONT AND SLEEVE

Using a 3.75mm circular needle and **CC**, cast on **135** (139, **139**, 143, **143**) sts.

NOTE: A circular needle is used to accommodate the large number of sts. Work backwards and forwards in rows.

Begin Collar

Work 4 rows st st, beg with a knit row.

Next Row: (wrong side of collar) *P2, K2, rep from * to last 3 sts, P3.

Next Row: K3, *P2, K2, rep from * to end.

Work a further 48 rows rib.

Change to 4.50mm needles (pair or circular as desired).

Next Row: (right side of Front) Cast off **25** (27, **25**, 27, **25**) sts in rib, rib to end. **110** (112, **114**, 116, **118**) sts.

Change to **MC**.

Next Row: Sl 1, (P1, K1) twice, purl to end.

Complete as for Back of Sleeves and Back from *** to end.

TO MAKE UP

Join shoulder and upper sleeve seams, then side and lower sleeve seams.

With right side of collar facing, join side edges at centre back and sew to back neck, easing to fit. Fold collar back.